

CONDUCT AFTER CAPTURE/MARITIME ENVIRONMENTS (CAC-MAR)

Formål

Formålet med kurset er at give deltageren en sådan viden og sådanne færdigheder, at dennes overlevelsesmuligheder højnes under pirateriangreb og efterfølgende ophold som gidsel.

CAC-MAR er specifikt rettet mod interne psykologiske processer i individet, og mod sociale processer gidsler imellem, samt mellem pirater/gidseltagere og gidsler.

Mål

Ved kursets afslutning skal deltageren under anvendelse af sin nye viden og færdigheder kunne:

- Genkende og forstå egne reaktioner, lige så vel som reaktioner i pirater/gidseltagere.
- Overveje mulige og hensigtsmæssige handlinger i forhold til at modvirke uønskede reaktioner i sig selv, og i forhold til livstruende adfærd fra pirater/gidseltagere.
- Kunne initiere hensigtsmæssige handlinger som vil højne overlevelsesmulighederne under et pirateriangreb og som gidsel.
- Modvirke langtidseffekterne af et pirateriangreb eller en gidseltagning.

Til brug for løsning af opgaver under kursus råder deltageren over Hostage Survival Toolbox®.

Resultatet er tilfredsstillende, hvis:

- Deltageren resonderer adækvat i forhold til præsenterede dilemmaer og scenarier under kursus.
- Deltageren udviser nødvendige sociale færdigheder i forhold til at håndtere andre gidsler og gidseltagere.

Indhold og form

- Grundlaget for livstruende miljøer, pirateriangreb og gidseltagninger.
- Overlevelsespsykologi, psykotraumatologi, samt Krise- & Katastrofe psykologi.
- Individuelle og sociale aspekter ved ekstrem stress og menneskelig tilvænning.
- Individuelle og sociale tilgange til at højne muligheden for at overleve pirateriangreb og gidseltagninger.
- Integretret psykisk førstehjælp rettet mod sig selv og andre.
- Forhandlingers og befrielsesaktioners interne mekanik.
- Psykologisk Defusing.

Varighed

- 3 dage.

Deltagere og sted

- Min. 6 – max. 12 deltagere.
- World-wide delivery.

Trænere

- CAC-MAR varetages af en chefpsykolog/tidligere Major af Reserven, og af en autoriseret psykolog/Master Mariner/tidligere Premierløjtnant af Reserven.

Særlige bestemmelser

- Deltageren underskriver disclaimer forms forud for kursusstart (se vedhæftede).

Pris

- Enkelt deltager: DKK 30.000,- ekskl. moms (hertil kommer andel af udgifter til evt. kursussted, transport, kost og logi for deltageren og instruktørerne).
- Min. 6 deltagere fra same virksomhed: DKK 27.000,- ekskl. moms (hertil kommer udgifter til evt. kursussted, transport, kost og logi for deltagerne og instruktørerne).

Disclaimer

(To be signed prior to participation on the CAC-MAR Programme)

- 1) The CAC-MAR programme and its content is exclusively indicative and guiding, and application of methods, techniques and procedures is at the individual participants own risk.
- 2) The contents of CAC-MAR Programme are created for training purposes only and do not involve the provision of any form of medical, psychological, legal, or healthcare advice or services.
- 3) The training and training materials are intended to provide helpful and useful material on the subjects addressed in the training. Doulgerof & Lamberg does not provide or purport to provide any medical, health, psychological or professional advice or service or any other personal professional service. If a participant is in doubt about his/her own physical or mental state of health, he/she should consult his/her general physician, and he/she should not participate on the programme. Programme participants should if necessary, seek the advice of a qualified medical practitioner, health professional or other relevant competent professional before trying or using any information, exercises or techniques taught in the CAC-MAR training.
- 4) Doulgerof & Lamberg does not represent or guarantee that CAC-MAR participants will be able to survive an actual piracy attack or hostage incident. A participant's ability to survive an actual piracy attack or hostage incident will be solely determined by individual, social, environmental, and situational variables.
- 5) Doulgerof & Lamberg makes no representations or warranties with respect to the accuracy, reliability, sufficiency, or completeness of the contents of the CAC-MAR Training and specifically disclaims any implied warranties or fitness for any particular purpose. There are no warranties which extend beyond the descriptions contained in this paragraph. The accuracy and completeness of the information provided in the training and the opinions stated therein are not guarantees, nor warranties to or towards the production of any particular result, and the advice and strategies contained therein may not be suitable for every individual.
- 6) The methods, techniques and procedures taught on the programme are used for training purposes only. Methods, techniques, and procedures taught on the programme may have to be applied different in actual on-site survival situations.
- 7) CAC-MAR participants shall indemnify and hold harmless Doulgerof & Lamberg and its owners, psychologists, agents and affiliates, from any and all claims, causes of action, losses, damages, or expenses, including reasonable attorneys' fees and costs, incurred by such party relating to the actions, errors or omissions of Doulgerof & Lamberg.

- 8) As the CAC-MAR programme is a generic programme, and does not take individual physical or mental conditions into account, Doulgerof & Lamberg disclaims any liability in the form of physical and mental injuries or trauma as a result of participation on the programme or usage of the methods, techniques and procedures taught on the programme.
- 9) By attending the CAC-MAR training, participants agree that Doulgerof & Lamberg shall not be held liable for incidental, special nor consequential damages based upon the use of the in Doulgerof & Lamberg Intellectual Property or the distribution, marketing, and providing of the Doulgerof & Lamberg Intellectual Property, even if one party has been notified of the possibilities of such damages. Participants of the training agree that Doulgerof & Lamberg shall not be liable for any direct or indirect physical or mental traumatisation or any other personal damages, including but not limited to special, incidental, punitive, consequential, or other damages. In implementing or utilising any part or portion of the CAC-MAR Training or training materials, participants agree to do so at their own discretion and their own risk, and to not hold, nor attempt to hold Doulgerof & Lamberg liable for any loss, liability, claim, demand, damage and all legal cost or other expenses arising whatsoever in connection with the use, misuse or inability to use the materials or learnings.

Date: _____

Place: _____

Participant name and signature: _____